

Sunday Work/Trade position:

Altar Creator

Thank you for volunteering with us! We deeply appreciate your contributions to the dance. Below are helpful guidelines and notes for the Altar position – please let the facilitator know if you have any questions.

A Vision for the Altar:

1. The Altar is a central, grounding force for the dance and the dancers. Please approach altar creation with spaciousness, love, and intention.
2. No candles or other fire, sorry. Please bring your own supplies (We used to keep a collection of altar items at the WOW Hall but we are no longer able to do so.)
3. Many altar volunteers in the past have created specific intentions for the altar, so we encourage you to follow your intuition and creative impulses. Often the facilitator will have an intention for the dance and you may want to coordinate with that; feel free to ask.

Before the dance [9:45-10:00]:

1. Invite light in by opening windows.
2. Please cover the stage portion used for the altar with one or more cloths, keeping the ends from trailing out on the floor.
3. The altar should be completed by the start of warmup, at 10:00 am.

After the dance [11:45-12:15]:

1. We invite you to take a moment, a breath, before putting away the altar. Thank and release any energies that you may have invited to the altar and to the space.
2. Please take down the altar within 15 minutes after the closing circle.

Please arrive on time – if you are more than five minutes late to your shift, the facilitator may find someone to replace you. If you can't make it or know you will be late, please contact the facilitator preferably a day in advance. If you can find a replacement, please inform the facilitator as soon as possible.

~ Many Blessings ~

Zan, Oblio, Paul, & Grace

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